

National Food Service Management Institute (NFSMI)

Special Needs Resources

1. **Meeting Children's Special Food and Nutrition Needs in Child Nutrition Programs**, a 2006 Breakfast Lunch Training (BLT) Module
 - For Food Service Assistants
 - Manual with Four lessons – 30 minutes each; each lesson has slides and video
 - Lesson 1: Getting to Know the Regulations
 - Lesson 2: Helping Students with Diabetes
 - Lesson 3: Managing Food Allergies
 - Lesson 4: Understanding Inborn Errors of Metabolism
 - Download at: <http://nfsmi-web01.nfsmi.olemiss.edu/ResourceOverview.aspx?ID=89>

2. **Handbook for Children with Special Food and Nutrition Needs**
 - Designed to be a reference for school food service directors and managers to identify the developmental disabilities and other health care needs to be served by school food service, and to provide information related to the type of intervention indicated. Companion manual to the 2006 Breakfast Lunch Training (BLT) Meeting Children's Special Food and Nutrition Needs in Child Nutrition Programs. Published 2006. ET69-06
 - Identifies developmental disabilities and other health care needs; type of dietary prescription needed
 - Provides information about the type of intervention needed
 - Download at: <http://nfsmi-web01.nfsmi.olemiss.edu/ResourceOverview.aspx?ID=82>

3. **Special Needs Fact Sheets**
 - Provides information to help child nutrition professionals meet children's special nutrition needs
 - Diabetes Fact Sheet
 - Allergy Fact Sheet
 - Lactose Intolerance Fact Sheet
 - Swallowing Fact Sheet
 - Download at: <http://nfsmi-web01.nfsmi.olemiss.edu/ResourceOverview.aspx?ID=107>

4. **Webinars: Special Needs Series**
 - *Special Foods for Special Kids* – 4/23/08
 - *Helping Child Nutrition Professionals Communicate Effectively with Families of Special Needs Children* – 5/21/08
 - *Carbohydrate Counting for School Food Service* – 12/6/07
 - *Using Exchange Lists for Students with Diabetes in School Food Service* -7/16/08
 - *Review of the Guidelines for Treatment and Prevention of Childhood Obesity* - 1/9/08
 - *Special Foods for Special Kids (Child Care)* – 3/19/08
 - *Update on Inborn Errors of Metabolism*- 6/11/08
 - 1-hour in length

- View and download handouts at:
<http://www.nfsmi.org/Templates/TemplateDivision.aspx?qs=cELEPTQ0>

5. Satellite Seminar

- *Special Needs In Child Nutrition Programs*
 - 1-hour in length
 - Aired April 25, 2007
 - Panel Discussion
 - Harriet Cloud – Inborn Errors of Metabolism
 - Christanne Smith Harrison – Allergies/Diabetes
 - Debra Nigri- USDA
 - Keisha Harris-Moderator
 - Todd Adelman – Block Institute
 - View video and download handouts at:
<http://nfsmi-web01.nfsmi.olemiss.edu/ResourceOverview.aspx?ID=108>

NFSMI Help Desk and Request for Training

The NFSMI is available to answer questions through our Information Services/Help Desk.

NFSMI also offers training for state agency meetings, state and regional School Nutrition Association meetings, and child care association meetings at little or no cost. For more information contact us.

National Food Service Management Institute

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